

resource library and information service

RESOURCE LIST: CHILD SEXUAL ABUSE: READING FOR CHILDREN AND YOUNG PEOPLE

Please note we are not a 'drop in' service. For more information about the library, or to arrange to borrow materials, please phone, or write to Isabell Robertson at the following address:-

Women's Support Project, Granite House, 31 Stockwell St, Glasgow, G1 4RZ. Scottish Charity No. SCO21846

tel:(0141) 552 2221 fax:(0141) 552 1876 qwerty (text phone for deaf people): (0141) 552 9979

email: isabellwsproject@btconnect.com www.womenssupportproject.co.uk

a) books for younger children

1. Annie

By Red Flag Green Flag, USA, 1997

Annie is a story booklet about a little girl who is afraid to tell anyone when she is touched by someone in a way she doesn't like.

2. Got to be me

By Merrill Harmin

Pub. Argus Communications, 1976

A colouring book for children which gives children a chance to write about their feelings and thoughts.

I told my secret

a book for kids who were abused

By Eliana Gill

Pub. Launch Press, USA, 1986

This book will help parents/carers answer possible questions from children who have been abused.

7. Mousie

By Khadj Rouf

Pub. The Children's Society, London, 1989

Illustrated storybook for children 4-9 years, written by a survivors of abuse. Good

My book my body

Pub. The Children's Society, London 1989

A colouring book for children aged 4-11 which aims to help children talk about their feelings

Rabbit's golden rule book

By Pam Adams

Pub. Child's Play (International) Ltd, 1988

This story poses lots of relevant questions for children, the answers to which are the golden rules for keeping safe. Particular relevant for very young children

Secrets

By Khadj Rouf

Pub. The Children's Society, London, 1989

An account of sexual abuse within a family told in illustrations. The author who was herself abused, is of mixed race and has produced two versions of the story, one featuring a black family and the other white.

5. Something happened and I'm scared to tell: A book for young victims of abuse

By Patricia Kehoe

Pub. Parenting Press Inc., USA, 1987

A story for younger children which can help them speak out if they have been abused. It looks at what abuse is, secrets, who to tell, and also good touches. The is best used with the book 'Helping abused children'

6. Something happened to me

By Phyllis E. Sweet

Pub. Mother Courage Press, USA, 1986

A story about children who feel bad, different and scared because something has happened, The story tells how children felt better after they told someone and were able to talk. This book is good in that it does not give any details of what happened so children can use the story to fit in with their own experiences.

3. Willow Street kids, The

By Michele Elliot

Pub. Bedford Square Press/NCVO, London, 1986

A collection of stories designed to help children deal safely with potentially dangerous situations.

b) books for young people

1. Free from sexual violence - information pack for girls and young women

Pub. Strathclyde Rape Crisis Centre, 1992

This pack covers: questions and answers about abuse; myths; feelings and coping and going forward. Excellent for survivors, helpers and friends

Hear! we are!

By Young Survivors of Child Sexual Abuse

Pub. Dundee Rape Crisis Centre Young Women's Group, 1995

Collection of poems written by young people.

2. Hurting inside: a book for young people

By Lois Arnold & Anne Magill

Pub. The Basement Project, Abergavenny, 1998

This book is for young people who have experienced distress due sexual, physical or emotional abuse. Covers feelings, problems with family, relationships, sexuality, self esteem and self harm. Also has a chapter on making a better life for yourself.

3. Out in the open: a guide for young people who have been sexually abused

By Ouaine Bain & Maureen Sanders

Pub. Virago Press, London, 1988

Very useful book whether for teenagers or adults. Positive and helpful and covers the main issues

4. Shining through pulling it together after sexual abuse for girls aged 10 and up

By Mindy B. Loiselle & Leslie Bailey Wright

Pub. Safer Society Press, USA, 1997

A very useful guide for young girls to help them explore their feelings. Could also help women understand the feelings they had as children. The book covers: feelings, coping, relationships, therapy, self esteem, body image.

c) Novels

1. Cherie

By Ann Bailey

Pub. Faber & Faber, 1994

Suzy and her father return home one night to discover that their house has been burgled and Cherie - Suzy's younger sister has been raped. Struggling with their own guilt at having left Cherie in the house alone, they attempt to resume their lives as if nothing has changed.

2. Happy endings are all alike

By Sandra Scoppertone

Pub. Pan, London, 1987

Follows the story of two young women who fall in love, and the effect of a rape attack on one, by a teenage boy they know. Touches on the difficulties of telling and being believed when you are raped by an acquaintance.

3. Pinballs, The

By Besty Byers

Pub. Puffin Books, London, 1988

Callie, Harvey and Thomas J. are foster children from different homes, but all have one thing in common, like pinballs with no control where they bounce. A story of young people's confusion on finding themselves uprooted from familiar, if problematic situations.

4. Push me, pull me

By Sandra Chick

Pub. The Women's press, London, 1987

Story of a young girl who is raped by her stepfather. Describes how this abusive behaviour makes it almost impossible for the girl to feel close to her mother.