

## RESOURCE LIST: CHILD SEXUAL ABUSE BOYS/MEN

Please note we are not a 'drop in' service. For more information about the library, or to arrange to borrow materials, please phone, or write to Isabell Robertson at the following address:-

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### 1. Abused boys - the neglected victims of sexual abuse

By Mic Hunter

Pub. Fawcett Columbine, 1990, USA

The first half of this book looks at: frequency of abuse, life areas affected, recovery issues, healing. The second part looks in detail at individual stories of adults who have survived.

### 2. Adult male survivors of childhood sexual abuse

By Kim Etherington

Pub. Pitman Publishing, London, 1995

Presents recent research findings from in-depth interviews with adult men who were abused in childhood. Addresses current controversies such as 'false memory syndrome', and discusses therapeutic issues for working with and providing care and help for male survivors.

### 3. Back on track boys dealing with sexual abuse for boys aged 10 and up

By Leslie Bailey Wright & Mindy B. Loisel

A workbook which helps boys deal with their feelings and fears. Real life stories show situations, feelings and possible solutions. Exercises help boys reflect on how they have been affected by abuse.

### 4 Boys sexual abuse and treatment

By Anders Nyman & Borje Svensson

Pub. Jessica Kingsley, London, 1997

*This book discusses therapy, effects of therapy, the relationship between trauma and symptoms. This book provides not only suggestions for treatment, but also a framework for understanding the issues involved, based on five years' clinical work in the Radda Barnen specialist clinic*

### 5. It happens to boys too

By Jane A. W. Satullo, Roberta Russell & Pat A. Broadway

Pub. Rape Crisis Center of the Bershires Press, USA. 1987

A book for boys who have been sexually assaulted. Includes information for parents.

### 6 The male survivor : the impact of sexual abuse

By Matthew Parynik Mendel

Pub. Sage, USA, 1995

This book includes an original study of male survivors of child sexual abuse, based on questionnaire responses of 124 men.. Includes a brief history of the topic of child sexual abuse, literature on the prevalence and incidence and

descriptive characteristics of male sexual abuse.

### 7. Male survivors : a self-help pack

By. Mark Cresswell on behalf of Survivors (Sheffield)

Pub. Survivors (Sheffield) , PO Box 142, Sheffield S1 3HG, 1996

A booklet written by a group of male survivors. It focusses on on the issues survivors face in the recovery process. Includes information on panic attacks, sleep difficulties, flashbacks and addiction. 7

### 8 The sexually abused male

Volume 1: Prevalence, impact, and treatment

By Mic Hunter

Pub. Lexington Books, New York, 1990

A source book for professionals which explores a wide range of issues including : the prevalence of sexual abuse of male, the initial and long term effects of sexual abuse, crisis intervention and medical assessment, and female perpetrators of abuse.

### 9. Working with sexually abused boys an introduction for practioners

Eds Armstrong & Hollows

pub. National Childrens Bureau, Nov 1989

There are eight contributors to this short book, representing different perspectives on the sexual abuse of boys. Ann Peake writes two useful articles: "under-reporting; the sexual abuse of boys" which critically examines the statistics of child sexual abuse, and "planning groupwork for boys" which raises important planning issues that workers need to consider.

### 10. Victims no longer - men recovering from incest and other sexual abuse

By Mike Lew,

Pub. Harper & Row, USA, 1990

A "handbook for recovery" for men who experienced childhood sexual abuse - and for the people who care for them. Includes individual stories, sexuality, Homo-phobia and shame, loss of childhood, relationships, individual and group counselling, for partners, family and friends, resources.

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