

resource library and information service

RESOURCE LIST: CHILD SEXUAL ABUSE/INCEST: WORKING WITH CHILDREN AND YOUNG PEOPLE

Please note we are not a 'drop in' service. For more information about the library, or to arrange to borrow materials, please phone, or write to Isabell Robertson at the following address:-

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READING FOR PARENTS AND WORKERS

A. ADVICE ON TALKING WITH CHILDREN

1. Keeping safe: a practical guide to talking with children

By Michele Elliot

Pub. Coronet Books, London, 1994

Practical suggestions and examples of how and when to discuss sexual abuse with children.

2 No more secrets : protecting your child from sexual assault

By Caren Adams & Jennifer Fay

Pub. Impact USA, 1981

Topics covered include what is child sexual assault, where to begin talking to children, hints on what to say, games to help in protection.

Also a chapter on how children may tell or show they have been abused

3. No is not enough: helping teenagers avoid sexual assault.

Pub. Impact, USA, 1984

Advice for parents on how to raise the issues of abuse, and possible ways of answering common questions.

4. Where do I start : a parents guide to talking to teenagers about acquaintance rape

By Py Bateman & Gail Stringer

Pub. Kendall Hunt, USA, 1984

This booklet looks at acquaintance rape, different gender perceptions, peer pressure, what do teenagers need to know etc. Gives suggestions on how to raise such issues with teenagers and brief section on what to do if your child is abused.

B. Awareness programmes

1. Kidscape primary kit programme for prevention of sexual assault on children 5-11 years

Pub. Kidscape, London 1985

This pack is intended mainly for use in schools and is comprehensive long-term programme aimed at helping children to recognise and avoid dangerous situations. The pack is not aimed exclusively at sexual abuse but covers bullying as well. This pack is accompanied by a video which explains the programme.

2. Taking care preventing child sexual abuse

By Clodagh Corcoran

Pub. Poolbeg Press, 1987

This is a book for parents and all adults who care about the well-being of children. The author believes 'an informed child is a safe child' and gives guidelines and prevention tactics for children of all ages. Useful practical book which has plenty of general advice.

3. Wee VIP Project, The an abuse prevention programme for pre-school children and their parents.

Produced by Eighteen and Under, Dundee, 1999

This pack aims to increase the confidence and skills of parents in speaking with their children about keeping safe, and to increase the ability of young children to deal with potentially abusive situations.

VIDEOS

1. Feeling yes feeling no

Produced by Educational Media International

70 mins

A sexual abuse awareness programme for primary age children. in four parts , with the first 20 minute section introducing the programme to adults. Recommended

2. T is for touching

A sexual abuse prevention programme for children ages 3-6 years

Produced by Red Flag Green Flag

15 mins

This three part series is designed for use with pre-school children and infant classes. Children learn to recognise good and bad touches, to say no to potentially dangerous situations, and to tell a helper

C Working with abused children

1. Anti-colouring book, The

By Susan Striker & Edward Kimmel

Pub. Scholastic, 1989

Play book for children with drawings and word exercises. Can be used to ascertain what is good and bad in children's lives. It could therefore be used to assess the extent or effects of abuse. very useful

2. Be aware supporting young survivors of abuse

By Laurie Matthew

Pub. Wee VIP Publication, Dundee, 2001

A very accessible book written in layman's terms and aimed at parents, carers workers, friends and family . This book is intended to raise awareness and assist people who come into contact with young survivors to be better equipped to understand the many issues involved in providing support.

3. Helping abused children : a book for those who work with sexually abused children

By Patricia Kehoe, pub. Parenting Press, USA 1988

This book provides basic background information on child sexual abuse, child development, and the ways in which young children respond to sexual abuse and it's aftermath. Includes guidelines for using the story book 'Something happened and I'm scared to tell' -see reading for children & young people - books for younger children

4. Helping strategies for child sexual abuse

By Celia Doyle

Pub. Whiting & Birch, London, 1997

This book is aimed both at those who work with abused children and those who may come across the problem occasionally. it provides an introduction to the different types and settings of abuse; the need for adults their own feelings; and the difficulties faced by children. The importance of 'believing children' is emphasised

5. Liking myself

By Pat Palmer

Pub. impact, USA, 1989

For children aged 5-9 years, this book looks at feelings and liking yourself

6. Look back stride forward

By Miriam Saphira and Lindy McIntyre

Pub. Papers Inc. New Zealand, 1989

This book is designed for direct work with young people who lives are dominated by the effects of early abuse

7. My secret file: a do-it-yourself dossier for your darkest thoughts

By John Astrop

Pub. Puffin Books, London, 1982

Ideal as a resource for direct work with adolescents.

8. Play therapy with abused children

By Ann Cattnach

Pub. Jessica Kingsley, London, 1992

A clear and easy to use book which balances factual information and case material. Covers emotional, physical and sexual abuse.

9. Poppies on the rubbish heap: sexual abuse the child's voice

By Madge Bray

Pub. Cannongate Press

Madge Bray expresses openly and honestly her own personal development as a practitioner and provides an interesting account of the difficulties she faced in developing a strategy of working with abused and disturbed children

10. Windows to our children

By Violet Oaklander

Pub. Real People Press, USA,1978

This book outlines techniques for art therapy with children and adults. It covers drawings, work with clay, puppets, music relaxation drama therapy, play therapy. It also looks at problems such as aggression, hyperactivity, withdrawn behaviour etc. .

11. Working with abused children

By Celia Doyle

Pub. BASW, 1990

A large part of this book is devoted to giving practical suggestions for therapy with abused children through individual, family and group work. The last chapter is devoted to long term effects of abuse and the help that can be given to adults who have abused children.

D. BOOKS FOR CARERS OF SEXUALLY ABUSED CHILDREN

1. Helping your child recover from sexual abuse

By Caren Adams & Jennifer Fay

Pub. University of Washington Press,Seattle, 1987

Covers: believing your child; legal system family and friend responses; children's reactions; rebuilding self esteem; sexuality self possession; and moving on. Includes lists of difficulties which may arise, and practical suggestion on how you could respond. Helpful for parents of abused children.

2. Spiders and flies: help for parents and teachers of sexually abused children

By Donald hillman & Janice Solek-Tefft

Pub. Lexinton Books, USA, 1988

Aims to provide parents and teachers of sexually abused children with specific strategies they can use to help alleviate stress and improve coping skills, for themselves and the children. Contains some useful advice.

3. When your child has been molested: a parent's guide to healing & recovery

By Katherine B. Hagans & Joyce Case

Pub. Lexington Books, USA, 1990

This book is designed to help adults cope with the sexual abuse of their child. Deals with incest and child sexual abuse, the effects and procedures if reported (from an American viewpoint). It does not consider gender issues, there is however, some very useful material in the book that would help non-abusing parents work with their children.

Videos

1. Caring for sexually abused children

Produced by National Foster Care Association 45mins

This videos is in two parts. Part 1 Three foster mothers talk about caring for child who have been sexually abused; coping with the stress caused by children 'acting out'/difficult behaviour; learning to care for an abused child. Part 2: Discussions with foster parents: coping with the child; sexualised behaviour; recognising and recording signs of abuse; working with social worke