

# resource library and information service

## RESOURCE LIST: VIOLENCE, ABUSE AND LEARNING DISABILITIES

Please note we are not a 'drop in' service. For more information about the library, or to arrange to borrow materials, please phone, or write to Isabell Robertson at the following address:-

Women's Support Project, Granite House, 31 Stockwell St, Glasgow, G1 4RZ. Scottish Charity No. SCO21846

tel:(0141) 552 2221 fax:( 0141) 552 1876 minicom (text phone for deaf people): (0141) 552 9979

email: isabellbtconnect.com www.womenssupportproject.co.uk

**1. It could never happen here! - The prevention and treatment of sexual abuse of adults with learning disabilities in residential settings**

**Pub. ARC & NAPSAC, UK, 1993**

Highlights issues which need to be addressed and provides guidance for all those who have responsibility for the purchase, provision and inspection of residential care for adults with learning disabilities. Also includes Brown & Turk 1992/3 research.

**2. Thinking the unthinkable - papers on sexual abuse and people with learning difficulties**

**By Eds. Hilary Brown & Ann Craft**

**Pub. FPA Education Unit, 1989**

awaiting review

**3. The sexual assault survivors handbook for people with developmental difficulties and their advocates**

**By Nora. J. Baladerian**

**Pub. R & E Publishers California, 1991**

Designed for readers with disabilities/learning difficulties and their carers, with large format, large print text, illustrations and in simple language. Explains basic self defence; what sexual assault is; going to hospital; reporting to the police; what happens in court (with diagrams) Useful, but based on American procedure and some details of the discussion on rape are problematic.

**4. The Woodrow Project - a sexual abuse prevention curriculum for the developmentally disabled**

**Pub. Red Flag Green Flag, USA, 1987**

This material has been adapted from the "Red Flag Green Flag" programme and is intended for use with adults with learning difficulties. This manual gives complete information on how to set up the programme and is accompanied by a video which is available from the project.

**5. Invisible victims - Crimes and abuse against people with learning difficulties**

**By Christopher Williams**

**Pub. Jessica Kingsley, London, 1995**

awaiting review

**6. The SCOSAC focus on child sexual - abuse & people with disabilities or special needs**

**By Cathy Roberts PhD**

**Pub. SCOSAC, London, 1992**

awaiting review

**7. Sexual abuse and people with learning difficulties : developing access to community services**

**By David Simpson**

**Pub. Family Planning Association, England, 1994**

awaiting review

**8. Advice for social services departments on abuse of people with learning disabilities in residential care**

**Pub. ADSS/NAPSAC, England 1996**

awaiting review

**9. Working with the unthinkable - A trainers manual on the sexual abuse of adults with learning difficulties**

**By Hilary Brown & Ann Craft**

**Pub. FPA, London, 1992**

This is a trainers manual on the sexual abuse of adults with learning difficulties. It is aimed at trainers who are comfortable leading participative workshops and who have some knowledge of sexual issues as they affect people with learning difficulties.

The material offers a variety of training "menus" and make suggestions for building workshops for different groups of participants (eg all staff working in a hostel.) the exercises are clearly written and contain step by step instructions, as well as background research And handouts. Aims of each exercise are succinctly defined and they are arranged in four blocks: recognising; responding; protecting; supporting. A highly valuable training resource written with sensitivity and care.

**10. Witnessing nurturing protesting - therapeutic responses to sexual abuse of people with learning disabilities**

**By Alan Corbett, Tasmin Coutts & Stephen Morris**

**Pub. David Fulton Publishers, London, 1996**

awaiting review

**11. Trinity of pain - therapeutic responses to people with learning disabilities who commit sexual offences**

**By Alan Corbett**

**Pub. Respond, London, 1996**

awaiting review

**12. Don't forget us - children with learning disabilities and severe challenging behaviour**

By **The Mental Health Foundation, London 1997**  
awaiting review

**13. Your rights about sex - a booklet for people with learning disabilities**  
By **Michelle McCarthy & Paul Cambridge**  
Pub. **Bild Publications, Plymouth, 1996**  
awaiting review

**14. Sexuality, learning difficulties and doing what's right**  
By **Gavin Fairbairn, Denis Rowley & Maggie Bowen**  
Pub. **David Fulton Publishers, London, 1995**  
awaiting review

**AUDIO TAPE**

**But now they've got a voice**  
A tape about sexual abuse for service users made by service users  
Edited by **Hilary Brown & June Stein**  
produced by **The Tizard Centre, University Of Kent, 1996**

This tape was made by a group of service users who are survivors of sexual abuse. they wanted to use what had happened to them to help other people with learning disabilities . Also has a facilitators handbook

**VIDEOS**

**1. The Woodrow Project**  
**24 minutes**

This programme is designed for use with young adults with learning difficulties. the video is accompanied by a manual with information on setting up the programme which is also available from the project.

**2. Between ourselves**  
**15 minutes**

Young women with moderate learning difficulties who attend the Elfrida Rathbone Centre, Islington, set up a women's group. The video shows the women exploring difficult and painful experiences they have encountered. The all women group gained support from each other and have overcome embarrassment to discuss child sexual abuse, sex, contraception, and their bodies. recommend for anyone setting up a group.

**3. No means no**  
**30 minutes**

This thirty minute video made by and for women with learning difficulties stresses the importance of having a women's group to help with personal problems. Group members explain concepts like being safe and feeling comfortable in your own home in simple language. Short clips show group members taking part in self defence classes and practising being assertive. The importance of safety in everyday situations is stressed and advice given in short scenes acted out by group members. In addition organisations like family planning, police (women's unit) and victim support are visited and interviewed by group members about the services they offer. The overall message of this video is - you have a right to be safe and if you have a problem find someone to talk to

about it.  
This video comes with a pack of five worksheets.

**4. Living safely in your community - A personal safety course for adults who have a learning disability**  
By **Gavin Dickson & Mo Innes**  
Produced by **City of Edinburgh Council, 1996**

**USEFUL CONTACTS**

**NAPSAC (NATIONAL ASSOCIATION FOR THE PROTECTION FROM ABUSE/SEXUAL ABUSE OF ADULTS AND CHILDREN WITH LEARNING DISABILITIES)**  
Centre for Social Work , University Park, University of Nottingham, Nottingham NG7 2RD  
Tel 0115 9515400

**VOICE**  
A support & action group for people with learning disabilities who have been abused  
PO Box 238 , Derby DE1 9JN  
Tel 01332 519872 Fax 01332 521392

**PEOPLE FIRST**  
The Scottish Federation of independent Self-Advocacy groups for people who have been labelled as having learning difficulties  
McDonald Business Centre 107 McDonald Road,  
Edinburgh EH4 7NW  
Tel 0131 478 7707

**ENABLE**  
7 Buchanan Street, Glasgow G1 3HL  
Tel 0141 226 4541

**POWERHOUSE**  
St Luke's Community Centre, 89 Tarling Road, Canning Town, London E16 1HN  
Training, campaigning & refuge service for women with learning difficulties who are at risk of, have been or are being abused physically, sexually and/or emotionally  
Tel 0171 366 6336 Fax/minicom 0171 366 6337

**RESPOND**  
Provides a service to people with learning disabilities who are vulnerable victims and/or perpetrators of sexual abuse. Offers counselling, psychotherapy , group therapy, education and training also produces reading materials.  
3rd Floor, 24-32 Stephenson Way, London, NW1 2DP  
Tel 0171 383 0700, Fax 0171 387 1222

**SEATIID (Strathclyde Equality Awareness Trainers in Disability)**  
Professional training and consultancy in the following areas:- Disability Equality Training, Team building and development of policy, equality issue presentations, one to one consultancy  
c/o The Wise Group, 72 Charlotte St, Glasgow, G1 5DW  
Tel 0141 552 7775

**Let's Balance The Scales for Disabled Children**  
**Margaret Kennedy**  
5 Albion Works, Sigdon Road, London, E8 1AP

Tel/Fax 0171 249 1593 (voice/mincom)  
Disability & Child Protection, Training & Consultancy

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