
RESOURCE LIST: RAPE AND SEXUAL ASSAULT

Please note we are not a 'drop in' service. For more information about the library, or to arrange to borrow materials, please phone, or write to Isabell Robertson at the following address:-

Women's Support Project, Granite House, 31 Stockwell St, Glasgow, G1 4RZ. Scottish Charity No. SCO21846

tel:(0141) 552 2221 fax:(0141) 552 1876 minicom (text phone for deaf people): (0141) 552 9979

email: isabellwsproject@btconnect.com www.womenssupportproject.co.uk

1. Carnal knowledge - rape on trial

By Sue Lees

Pub. Hamish Hamilton, London, 1996

Drawing on unique research and citing the testimonies of women, not only about the trauma of rape but also about the patterns of assailants tactics, Carnal Knowledge explodes all kinds of myths about rape that divert jurors from believing women. This book proposes a package of reforms to reverse the imbalances of the judicial process and creates a system that will provide justice for victims without jeopardizing the rights of defendants. Very informative book.

2. Perspectives on rape and sexual assault

By June Hopkins

Pub. Harper & Row, USA, 1984

This is a collection of articles on different aspects of rape and sexual assault. Many of the articles are based on particular studies e.g. "Crisis intervention - a police perspective". Perhaps the most useful article is "loss and mourning in victims of rape and sexual assault, which offers a "recovery" outline based on grief counselling.

3. Rape in marriage

By Diana E.H. Russell

Pub. Collier Books, McMillan, USA, 1982

This book is based on a study carried out by Diana Russell in 1977. Looks at the 'hidden' problem in great detail and uses personal testimonies very effectively. Covers the law, prevalence, wife rape and wife beating, information on husbands who rape, why some wives stay, stopping the violence.

4. Rape on trial

By Zsuanna Adler

Pub. Routledge Kegan Paul, London, 1987

This book is based on a detailed study of eight rape trials in England. The book investigates the impact of the Sexual Offences (Amendment) Act 1976 which contains provisions designed to improve the treatment of women in court. Extracts from trials are used to highlight points made and many of these are very distressing. This is an important book which clearly shows how common myths about rape are used to deny women justice.

5. Sexual history and sexual character , evidence in Scottish sexual offence trials: a study of Scottish Court practice

Produced by Central Research Unit,

This research raises issues about the sexual character and sexual history of women who have been raped, being used as evidence in court trials. Very useful and interesting research.

6. Women and rape

By Cathy Roberts

Pub. Harvester Wheatsheaf, 1989

This book is a result of the work Cathy Roberts carried out for a PhD in sociology. She looks at the victimisation of rape and how women deal with rape. Useful for anyone working with survivors.

7. Free of the shadows, recovering from sexual violence

By Caren Adams & Jennifer Fay

Pub. New Harbinger Publications Inc. USA, 1989

Looks at common feelings for women who have been raped or sexually assaulted, from immediately after the assault, to long term coping. Positive, helpful advice. Includes advice for family and friends in each section.

8. I never called it rape

By Robin Warshaw

Pub. Harper & Row, USA, 1988

Focuses on 'date' or 'acquaintance' rape.

A mix of statistics and personal accounts reveals how widespread these assaults are, why they go unreported, and how accepted male sexual behaviour encourages and condones them. Highly recommended.

9. No fairy godmothers, no magic wands : the healing process after rape

By Judith H. Katz, Pub. R and E Publishers, California, 1984

Looks at fears and phobias, the impact of rape on family and friends. Also includes advice on counselling for women who have been raped. Easy to read and helpful.

10. Rape and sexual assault - a handbook Produced by Rape Crisis Centre in conjunction with Strathclyde Regional Council, Glasgow, 1996

This handbook is for anybody who comes into contact with women and girls. The handbook has ten sections covering definitions of rape and sexual assault, effects, law, health, contacts, information for workers, working with different groups of women, and a list of contact organisations.

11. Surviving sexual assault

By Eds Rachel Grossman & Jean Sutherland

Pub. Congdon and Week Inc, New York, 1983

This is an American book written for staff in a hospital emergency room. It aims to answer the most common questions asked by women who have been raped or sexually assaulted. The book is set out in sections and is easy to read.

12. Twice raped

By Audrey Savage

Pub. Book Weaver Publishing, USA, 1990

This book begins with the authors personal account of being raped, followed by a verbatim account of the trial. The third section looks at attitudes to rape.

13. Warning dating may be hazardous to your health

By Claudette McShane

Pub. Mother Courage Press, USA, 1988

Many women and girls are abused, raped or sexually assaulted by men or boys they go out with . This book looks at how abuse happens, sexism, and also contains interviews with women, looks at common feelings following abuse by boyfriends. Includes a list of warning signs for women to look out for.

COUNSELLING & SUPPORT ORGANISATIONS

For information on counselling and support organisations in your area please contact the Womens Support Project.

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